

WHAT DOES THE  
FIRST NATIONS YOUTH  
OF QUEBEC AND LABRADOR LOGO



The feather of the North is the eagle feather which represents North America.

The eagle of the South is the eagle of the condor that represents South America.

They unite to form Central America.

The ten tears are the ten Nations of Quebec and Labrador, shed from the heart of the eagle and the condor.

I drew the medicine wheel because it represents the four directions as well as the balance in the life of each one of us (the spiritual, physical, emotive and psychological worlds). They bring wellbeing for every individual person.

The Circle unites all elements and creates a union and a uniformity. Everyone who is inside the Circle is equal and treated justly.

In conclusion, all around this union, there are the sun and the moon that were given life by the Creator.

I based myself on the prophecy that has resulted in the fact that today the First Nations youth of Quebec and Labrador is united.

Orania Gros-Louis,  
Young Wendat from Wendake



**MESSAGE INTENDED FOR  
THE FIRST NATIONS YOUTH OF  
QUEBEC AND LABRADOR**

**CALL US!  
GET THE NEWS!**

**COME WITH US!  
GET MOVING!**

**GET INVOLVED WITH US!**

**GET ORGANIZED!**

**ASK OURSELVES SOME  
QUESTIONS!**

**WORK WITH US IN YOUR  
ENVIRONMENT!**

**PARTICIPATE WITH US IN THE  
ACTIVITIES THAT ARE OUT THERE!**

**WORK TOGETHER FOR THE FUTURE OF  
OUR NATIONS AND THE GENERATIONS  
TO COME!**

IF YOU WANT TO OBTAIN INFORMATION ON  
THE WAYS TO GET INVOLVED IN YOUR AREA  
(AND LOTS MORE), PLEASE CONTACT YOUR  
REGIONAL YOUTH COORDINATOR, WHO  
WILL BE DELIGHTED TO TALK TO YOU.

AN INITIATIVE OF THE  
SECRETARIAT OF THE ASSEMBLY  
OF FIRST NATIONS  
OF QUEBEC AND LABRADOR

**AFNQL**



With the support of the Quebec Government  
through Youth Action Strategy 2006-2009



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THE ROLE OF THE REGIONAL YOUTH COORDINATOR OF THE SECRETARIAT OF THE ASSEMBLY OF FIRST NATIONS OF QUEBEC AND LABRADOR (AFNQL) IS TO SET UP ACTIVITIES TO ACHIEVE THE FOLLOWING OBJECTIVES:

1. Create a youth network (15–30) in order to circulate information intended for First Nations youth on and off-reserve;
2. Inform and create contacts and links between First Nations organizations Quebecois and Canadian;
3. Provide support to the communities and Nations that wish to create a structure for the Youth;
4. Mobilize young Aboriginals who wish to get involved at the **local** (in the community), **regional** (regional youth forum), **provincial** (activity set up by an organization in the province) and **national** levels (National Youth Council of the Assembly of First Nations);
5. Promote youth interaction and discussion within the First Nations of Quebec and Labrador;
6. Ensure the follow-up and the liaison between the Coordinator, AFNQL commissions, partners, governmental organizations and others;
7. Encourage and promote greater youth involvement for First Nations living in the regions of Quebec and Labrador.

POSSIBLE ACTIVITIES FOR A YOUNG PERSON WHO IS ACTIVE IN HIS OR HER AREA:

#### LOCAL

- Create a youth committee or group in your community;
- Carry out fundraising activities to pay for activities for youth in the community;
- Take part in important decisions that concern young people in the community;
- Set up initiatives aimed at improving living conditions for young people in the community.

#### REGIONAL

- Take part in the regional youth forum of your region;
- Apply for the *Fonds régional d'initiative jeunesse* (FRIJ) available in your region;
- Sensitize and inform people from different regions and backgrounds of the realities of the First Nations youth;
- Promote exchanges with young people from different backgrounds.

#### PROVINCIAL

- Take part in forums, conferences, workshops, training sessions, administration committees, sporting events and meetings of all different kinds (*you can also do this on the local, regional and national levels*).

#### NATIONAL

- Sit on the National Youth Council of the Assembly of First Nations (AFN NYC);
- Take part in meetings at the national level with other First Nations youth.

**Overall**, all these experiences can contribute to equipping and preparing First Nations youth for the challenges for present and future.



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